

La Joya ISD – Breakfast & Lunch Menu



October 2011

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 Asst. Cereal w/ Graham Crackers</p> <p>Chili/Cheese Hot Dog Tater tots Carrot & Raisin Salad Fruit of the Day</p>	<p>4 Biscuit & Sausage</p> <p>Cavatini w/ Meat Sauce Hot Wheat Roll Garden Salad Seasoned Green Beans Fruit of the Day</p>	<p>5 Mini Flavored Pancakes</p> <p>Sandwich/Soup Combo Baby Carrots Baked Cracker Chips Sandwich Salad Fruit of the Day</p>	<p>6 Asst. Breakfast Bars</p> <p>Beef Steak Fingers Macaroni & Cheese Peas & Carrots Hot Wheat Roll Fruit of the Day</p>	<p>7 Breakfast Kolache</p> <p>Beef/Cheese Enchiladas Charro Beans Spanish Rice Saltine Crackers Lettuce & Tomato Salad Fruit of the Day</p>
<p>10 Breakfast Pizza Pocket</p> <p>Chicken Burger Seasoned Oven Fries Burger Salad Fruit of the Day</p>	<p>11 Grilled Cheese Sandwich</p> <p>Crispy Beef Taco Charro Beans Spanish Rice Lettuce & Tomato Fruit of the Day</p>	<p>12 Peanut Butter Uncrustable</p> <p>Salisbury Steak Mashed Potatoes w/ Gravy Hot Wheat Roll Peas & Carrots Fruit of the Day</p>	<p>13 Cinnamon Oatmeal w/toast *Tamales</p> <p>Chicken Nuggets Macaroni & Cheese Seasoned Green Beans Fresh Baked Biscuit Fruit of the Day</p>	<p>14 Breakfast Taco</p> <p>Bean /cheese w/ Beef Baked Chalupas Spanish Rice Golden Corn Lettuce & Tomato Salad Fruit of the Day</p>
<p>17 Asst. Cereal w/ Graham Crackers</p> <p>Cheeseburger Seasoned Oven Fries Burger Salad Fruit of the Day</p>	<p>18 Eggo Minis Pancakes</p> <p>Fideo con Pollo Corn Tortillas Charro Beans Lettuce & Tomato Salad Fruit of the Day</p>	<p>19 Breakfast Kolache</p> <p>Ham & Cheese Hoagie Frito-Lay Baked Chips Lettuce & Tomato Salad Pickle Spear Fruit of the Day</p>	<p>20 Assorted Muffins w/Graham Crackers</p> <p>Spaghetti w/Meatballs Hot Wheat Roll Garden Salad Mixed Vegetables Fruit of the Day</p>	<p>21 Breakfast Taco</p> <p>Oven Roasted Chicken Mashed potato w/gravy Italian Blend Hot Wheat Roll Fruit of the Day</p>
<p>24 Peanut Butter Uncrustable</p> <p>Corn Dog Tater Tots Green Peas Lettuce & Tomato Salad Fruit of the Day</p>	<p>25 Pancake of a Stick</p> <p>Baked Nachos Scoop Spanish Rice Golden Corn Lettuce & Tomato Salad Fruit of the Day</p>	<p>26 English Muffin</p> <p>Fresh Baked Pizza Garden Salad Seasoned Green Beans Fruit of the Day</p>	<p>27 Pop tarts</p> <p>Chicken Strips Mashed Potato w/gravy Carrots coins Fresh Baked Biscuit Fruit of the Day</p>	<p>28 Breakfast Pizza Bagel</p> <p>Crispy Fish Wedge Whole Wheat Roll Macaroni & Cheese Cheesy Broccoli Florets Fruit of the Day</p>
<p>31 Asst. Cereal w/ Graham Crackers</p> <p>Chili/Cheese Hot Dog Tater tots Carrot & Raisin Salad Fruit of the Day</p>				

A La Carte

Student's first meal is free of charge. Additional meal may be purchased at a la carte prices

Breakfast - \$2.25

Entrée \$1.75
Juice .30
Milk .40

Lunch - \$3.50

Entrée \$2.00
Side Dish .50
Fruit .50
Bread/Crackers .30
Milk .40

School News

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CNS serving daily selection of assorted flavored Fat Free and 1% milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO FOOD AVAILABILITY.

