



La Joya I.S.D. – Child Nutrition Services

Texas Public School Nutrition Policy

FAQ's

Q: Can I purchase snacks and/or cupcakes and provide them to my **elementary** students as a reward for their perfect attendance, honor roll and reading achievements?

A: No. Elementary campuses may not serve competitive foods (or provide access to them through direct or indirect sales) to students anywhere on school premises throughout the school day until the end of the last scheduled class. This does not pertain to food items made available by the school food service department.

Q: Can we give our **elementary** students snacks?

A: Yes. Campuses may provide one nutritious snack per day under the teacher's supervision. Snack may be handed out in the morning or afternoon but not during the meal periods. Snack should be provided to students at no cost. Snacks must comply with the fat and sugar limits of the Nutrition Policy and must be single – size servings. All snacks may not contain any FMNV's or consist of candy or dessert type items. For snack ideas visit www.squaremeals.org

Q: Can I purchase pizza for my students and **serve it during lunch** as an incentive for perfect attendance, honor roll, etc.?

A: No. Elementary campuses may not serve competitive foods (or provide access to them through direct or indirect sales) to students anywhere on school premises throughout the school day until the end of the last scheduled class.

Q: Can I purchase pizza for my **elementary** students and serve it **after 2:00 p.m.** as an incentive for perfect attendance, honor roll, etc.?

A: No. Elementary campuses may not serve competitive foods (or provide access to them through direct or indirect sales) to students anywhere on school premises throughout the school day until the end of the last scheduled class.

Q: Can I sell 100% fruit slush drinks at my **elementary** campus?

A: No. Elementary campuses may not serve competitive foods (or provide access to them through direct or indirect sales) to students. This includes anywhere on school premises throughout the school day until the end of the last scheduled class.

- Q: Can I purchase cupcakes for a **middle** school student meeting that is taking place after lunch?
- A: Yes. You may purchase bakery items, i.e. pastries and muffins, that meet the portion size guidelines and nutrition standards in the TPSNP for middle schools. Bakery items may not exceed 3 oz. in weight and total fat may not exceed 30% of calories or 3 grams per 100 calories; saturated fat must not exceed 10% of calories or 1 gram per 100 calories; sugars must not exceed 10 grams per ounce.
- Q: Can we sell items such as chips, popcorn, etc from vending machines at the middle school?
- A: Yes. You may sell items that meet the portion size restrictions and nutrition standards in the TPSNP for middle schools. However, competitive foods – items sold from vending machines – are not allowed anywhere on school premises from 30 minutes before to 30 minutes after meal periods.
- Q: Do **High School** campus vending machines have to comply with the Nutrition Standards?
- A: Yes. All foods, beverages and snack items must comply with the nutrition standards and portion size restrictions in the policy.
- Q: Can I sell “Grab Bag” sized chips?
- A: Chips sold to students must comply with the Nutrition Standards outlined in the policy. Campuses may not sell chips larger than 1.5 oz. and containing no more than 7.5 grams of fat per bag.
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- Q: Can we provide students with snacks during TAKS test days?
- A: Campuses may provide one additional nutritional snack per day for students taking the TAKS tests. The snack must comply with the fat and sugar limits of the TPSNP and may not contain any FMNV or consist of candy, chips or dessert type items (cookies, cakes, cupcakes, pudding, ice cream or frozen desserts, etc.) Packaged snacks must be in single size servings.