

La Joya I.S.D. Breakfast & Lunch Menu

March 2010

Monday

Tuesday

Wednesday

Thursday

Friday

Asst. Cereal w/Graham Crackers **1**

Cheese Burger
Seasoned Oven Fries
Burger Salad
Chilled Mixed Fruit

Asst. Cereal w/ Graham Crackers **8**

BBQ On a Bun
Potato Salad
Pickle Spear
Baked Chips
Chilled Mixed Fruit

15

Spring Break

Breakfast Kolache **22**

Chili Cheese Hot Dog
Tater tots
Cool Burger Salad
Chilled Mixed Fruit

Asst. Cereal w/ Graham Crackers **29**

Crispy Chicken Burger
Seasoned Oven Fries
Burger Salad
Chilled Mandarin Oranges

Waffle Sticks w/syrup **2**

Salisbury Steak w/gravy
Mashed Potatoes w/gravy
Seasoned Green Beans
Fresh Baked Biscuit
Chilled Mandarin Oranges

Breakfast Kolache **9**

Nachos Grande
Spanish Rice
Golden Corn
Lettuce & Tomato Salad
Chilled Pineapple Tidbits

16

Spring Break

Biscuit & Sausage **23**

Cavatini w/ Meat Sauce
Hot Wheat Roll
Garden Salad
Seasoned Green Beans
Chilled Tropical Fruit Mix

Grill Cheese Sandwich **30**

Beef Tacos
Charro Beans
Spanish Rice
Lettuce & Tomato Salad
Chilled Peaches

Breakfast Kolache **3**

Spaghetti w/ Meatballs
Hot Wheat Roll
Garden Salad
Mixed Vegetables
Chilled Peaches

Sunrise Biscuit **10**

Fresh Baked Pizza
Garden Salad
Seasoned Green Beans
Fruited Gelatin

17

Spring Break

Pancake on a stick **24**

Burrito w/ Chili & Cheese
Spanish Rice
Golden Corn
Lettuce & Tomato Salad
Chilled Peaches

Peanut Butter Uncrustable **31**

Italian Pocket
Garden Salad
Peas & Carrots
Chilled Mixed Fruit

Breakfast Pizza Bagel **4**

Baked Potato w/trimmings
Charro Beans
Spanish Rice
Lettuce & Tomato Salad
Chilled Pineapple Tidbits

French Toast Sticks w/syrup **11**

Chicken Strips
Mashed Potatoes w/gravy
Peas & Carrots
Fresh Baked Biscuit
Blushing Pears

18

Spring Break

Cinnamon Oatmeal w/toast *Tamales **25**

Sandwich/Soup Combo
Macaroni Salad
Frito-Lay Baked Chips
Sandwich Salad
Chilled Mandarin Oranges

Guess What?

*Don't forget to recycle glass. Glass bottles take over 4,000 years to decompose.

* Instead of turning on all the lights, open the shades and let the sun stream in.

Mini Loaf w/Graham Crackers **5**

Tuna Sandwich
Baked Chips
Pickle Spear
Lettuce & Tomato
Fruit Choice

Peanut Butter Uncrustable **12**

Crispy Fish Wedge
Whole Wheat Roll
Macaroni & Cheese
Cheesy Broccoli Florets
Fruited Gelatin

19

Spring Break

Asst. Cereal w/ Graham Crackers **26**

Cheese Enchiladas
Charro Beans
Spanish Rice
Saltine Crackers
Lettuce & Tomato Salad

A La Carte

Student's first meal is free of charge. Additional meal may be purchased at a la carte prices:

Breakfast - \$2.00

Entrée \$1.50
Juice .30
Milk .40

Lunch - \$3.25

Entrée \$1.75
Side Dish .50
Fruit .50
Bread/Crackers .30
Milk .40

School News

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MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO FOOD AVAILABILITY.