

February 2010

La Joya I.S.D. Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Asst. Cereal w/Graham Crackers 1</p> <p>Cheese Burger Seasoned Oven Fries Burger Salad Chilled Mixed Fruit</p>	<p>Waffle Sticks w/syrup 2</p> <p>Salisbury Steak w/gravy Mashed Potatoes w/gravy Seasoned Green Beans Fresh Baked Biscuit Chilled Mandarin Oranges</p>	<p>Breakfast Kolache 3</p> <p>Spaghetti w/ Meatballs Hot Wheat Roll Garden Salad Mixed Vegetables Chilled Peaches</p>	<p>Mini Loaf w/ Graham Crackers 4</p> <p>Baked Potato w/trimmings Charro Beans Spanish Rice Lettuce & Tomato Salad Chilled Pineapple Tidbits</p>	<p>Breakfast Pizza Bagel 5</p> <p>Oven Roasted Chicken Mashed Potato w/gravy Peas & Carrots Hot Wheat Roll Fruit Choice</p>
<p>Asst. Cereal w/ Graham Crackers 8</p> <p>BBQ On a Bun Potato Salad Pickle Spear Baked Chips Chilled Mixed Fruit</p>	<p>Peanut Butter Uncrustable 9</p> <p>Nachos Grande Spanish Rice Golden Corn Lettuce & Tomato Salad Chilled Pineapple Tidbits</p>	<p>Sunrise Biscuit 10</p> <p>Fresh Baked Pizza Garden Salad Seasoned Green Beans Fruited Gelatin</p>	<p>Breakfast Kolache 11</p> <p>Burrito w/ Chili & Cheese Spanish Rice Golden Corn Lettuce & Tomato Salad Chilled Peaches</p>	<p>French Toast Sticks w/syrup 12</p> <p>Heart Shaped Nuggets Mashed Potatoes w/gravy Peas & Carrots Fresh Baked Biscuit Blushing Pears</p>
<p>Asst. Cereal w/ Graham Crackers 15</p> <p>Chili Cheese Hot Dog Tater tots Cool Burger Salad Chilled Mixed Fruit</p>	<p>Biscuit & Sausage 16</p> <p>Cavatini w/ Meat Sauce Hot Wheat Roll Garden Salad Seasoned Green Beans Chilled Tropical Fruit Mix</p>	<p>Pancake on a stick 17</p> <p>Crispy Fish Wedge Whole Wheat Roll Macaroni & Cheese Cheesy Broccoli Florets Fruited Gelatin</p>	<p>Cinnamon Oatmeal w/toast *Tamales 18</p> <p>Sandwich/Soup Combo Macaroni Salad Frito-Lay Baked Chips Sandwich Salad Chilled Mandarin Oranges</p>	<p>Breakfast Kolache 19</p> <p>Cheese Enchiladas Charro Beans Spanish Rice Saltine Crackers Lettuce & Tomato Salad Chilled Pineapple Tidbits</p>
<p>Asst. Cereal w/ Graham Crackers 22</p> <p>Crispy Chicken Burger Seasoned Oven Fries Burger Salad Chilled Mandarin Oranges</p>	<p>Grill Cheese Sandwich 23</p> <p>Beef Tacos Charro Beans Spanish Rice Lettuce & Tomato Salad Chilled Peaches</p>	<p>Peanut Butter Uncrustable 24</p> <p>Italian Pocket Garden Salad Peas & Carrots Chilled Mixed Fruit</p>	<p>Breakfast Kolache 25</p> <p>Chicken Nuggets Mashed Potatoes w/gravy Seasoned Green Beans Fresh Baked Biscuit Fruited Gelatin</p>	<p>Breakfast Taco 26</p> <p>Beans w/cheese Chalupas Spanish Rice Golden Corn Lettuce & Tomato Salad Chilled Pineapple Tidbits</p>

Guess What?

*Did you know that recycling two aluminum cans saves an equivalent of a gallon of gas?

*Wash your car on the lawn.

A La Carte

Student's first meal is free of charge.
Additional meal may be purchased at a la carte prices:

Breakfast - \$2.00

Entrée \$1.50
Juice .30
Milk .40

Lunch - \$3.25

Entrée \$1.75
Side Dish .50
Fruit .50
Bread/Crackers .30
Milk .40

School News

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MENU SUBJECT TO CHANGE
WITHOUT NOTICE DUE TO FOOD
AVAILABILITY.

